

# YOGA 4 HOPE: Rock Your Chakras !



@ The Vollmer Culture & Recreation Complex  
 (Outdoor Pavilion)  
 2121 Laurier Drive  
 Windsor (Lasalle), Ontario  
**SATURDAY AUGUST 27, 2011**  
**8:00 am - 2:00 am**

Emcees: Christie Bezaire ~/A/ News & Sean Henry ~ CBC



**8:00 PM-9:30 PM**  
 (candlelit)

Headliner:

## Sianna Sherman

is an internationally recognized certified Anusara Yoga teacher who has graced many Yoga Journal magazine mentions & cover. She artfully weaves asana, philosophy, and love into a colorful tapestry offered from her heart. She celebrates the broad expanse of the many voices of yoga and spirituality as a feast of creative and soulful ways of being alive!

[www.opentograces.com](http://www.opentograces.com)



## Yoga~ Exhibitors ~ Raffles ~ Compassionate Cuisine



[www.PajamaAngels.org](http://www.PajamaAngels.org)  
 519-796-9003  
[darlene@PajamaAngels.org](mailto:darlene@PajamaAngels.org)



**ALL DAY EVERY HOUR YOGA \$50**  
**Headliner only \$40**  
**YOGA KIDS \$15 @11am**  
**Meditation of Hope 9:30 PM~candlelit**  
**AFTER-CHAKRA PARTY 10 pm**  
**& More!**  
**registration opens 7:30 am**

All Proceeds Support the Perfect Pair [www.ProactiveBreastHealth.com](http://www.ProactiveBreastHealth.com) to help us raise \$15,000.00 to scan 100 local women with Breast Thermography for FREE!

## Wear LOTUS PETALS Yoga 4 Hope gear to the event and enter to win in a special draw!

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